

INTERNATIONAL SUMMER SCHOOL PROGRAMME

On

UNDERSTANDING JAINISM

(July 23 to August 12, 2015)

About Understanding Jainism Programme

The inspiring force behind the establishment of Jain Vishva Bharati Institute (JVBI) was HH Gurudev Tulsi. JVBI, is an multifaceted excellent academic institute engaged in promotion of the values of ancient civilization, particularly in the field of education, medicine, meditation and research in oriental learning and Jain Philosophy for the last 30 years. The mission of JVBI is to integrate modern science with ancient wisdom of the great spiritual practitioners and visionary seers. The Institute seeks to interweave world and spiritual norms and values with the materialistic and economic fibers of mankind to foster and develop universal human relationships for the peaceful coexistence of individuals, groups, communities, sects, races, religions and nations. MS Anekant Shodhpeeth is an integral part of JVBI. It has been established to facilitate research work in all discipline in oriental learning. This department is engaged in various research projects, organization of lecture series, and study programs etc. The Understanding Jainism Programme is being organized in this Institute since 2006 in July/August of every year. In this programme the students are oriented with Indian and Jaina culture and philosophy.

Programme - 2015

A 21 days International Summer School of 'Understanding Jainism' is being organized for International students from July 23, to August 12, 2015. The understanding Jainism Programme of Jain Vishva Bharati Institute is an intensive academic course emphasizing on Jain Philosophy, History, Culture, Ethics, Nonviolence, Meditation etc. The programme is interdisciplinary in the nature, aiming at to facilitate the condensed and in-depth knowledge in twenty one days schedule time encompassing the total hours needed for any three month certificate course. This course is formulated as per credit system and is equivalent to three credit course, undertaking study hours equal to or more than 35 hours.

OBJECTIVES

- (i) To understand the concept and ideas of Jainism.
- (ii) To develop understanding and attitude of nonviolence.
- (iii) To familiarize the participants with the philosophy of creative nonviolence in India.
- (iv) To impart training of Preksha Meditation for emotionally balanced life-style.
- (v) To establish the importance and relevance of amity for the survival of living being with peace and harmony

Course, Curriculum and Lectures

Under this programme, three separate sessions of Jainism, Science of Living, P.M. and Yoga and Nonviolence and Peace comprising the following topics are organized :

(a) Jainism

Introduction to Jainism, Life of Mahavir, Jain Prayer and Mantra, Jain Literature, Jain Life Style, Life of House Holder, Jain Asceticism, Path of liberation, Nine Tatvas, Six Substances & Jain Cosmology, Jain Art & Architecture, Karma Theory, Theory of Knowledge, Jain symbols & Ceremonies, Concept of Nayavada, Environmental Ethics.

(b) Science of Living Preksha Meditation and Yoga

SOL- an Innovative System of Education, Jain Meditation-Then & Now, Nurturing Factors of Meditation, Stress Management & PM, Anupreksha-Auto Suggestion & Contemplation, Leshya Dhyana-Color Meditation, Chakra Meditation, Healing through Sound Energy, Scientific Research in PM, SOL, Asana & Pranayama, Indian Traditions of Meditations, Value Education & SOL, Anuvrat-A movement of Social Reformation.

(c) Non violence and Peace

Conceptual Development of the Philosophy of Nonviolence and its Global implications, Gandhi & Acharya Mahapragya-The Crusader of NV, Ahimsa Yatra, Economics of NV, Nonviolent Communication, Facets of Peace, Eco Spirituality, Conflict Management, Anekant-A Jain Concept of Reconciliation, Training in NV, Vegetarianism. The students are benefited by the expertise of the eminent scholars of various universities of repute and faculty members of University. The methodology of the entire academic session are lectures, discussion, presentation and interactions etc. The developed study notes on Jainism, Nonviolence and Science of Living and the finalized list of speakers and lectures and daily lecture schedule are provided to the participants.

On 24/07/2015, the lecture was given on Introduction to Jainism with Life of Mahavira by **Dr. Samani Rohit Prajna**, Introduction to PM (Introducing other Indian Tradition of Meditation) By **Samani VinayPrajna** and Significance of Nonviolence in Jainism by **Dr. Sushma Singhvi**. On 25/07/2015, the lecture was given on Vegetarianism: A Way of Healthy Life By **Prof. K.T.S. Sarao** and Concept of Nonviolence in Jain Scriptures by **Prof. Samani Chaitanya Prajna**. On 27/07/2015, the lecture was given on Scientific basis of Preksha Meditation by **Prof. Pratap Sancheti** and Training in Non-Violence by **Dr. Samani Aagam Prajna**. On 28/07/2015, the lecture was given on Jain Ethics / Jain Conduct of an Householder by **Dr. Samani Agam Prajna**, Kayotsarga : A Way to Manage the Stress by **Dr. Vivek Maheshvari** and Relative Economics by **Dr. Samani Rohini Prajna**. On 29/07/2015, the

lecture was given on Jain Asceticism by **Samani Sulabh Prajna** and Non-violent World Order by **Prof. Naresh Dadich**. On 30/07/2015, the lecture was given on Concept of Karma by **Dr. Samani Shashi Prajna**, Attitudinal Transformation through Contemplation by **Samani Shreyas Prajna and** Environmental Ethics by **Dr. Samani Rohini Prajna**. On 31/07/2015, the lecture was given by Concept of Karma by **Dr. Samani Shashi Prajna and** Jain Values : Multi-faith Implications by **Prof. M. D. Thomas**. On 01/08/2015, the lecture was given on Nine Realities by **Samani Amal Prajna**, Concept of Psychic Centres **By Samani Vinay Prajna and** Family Peace and Non-violence by **Dr. Sanjay Goyal**. **On 03/08/2015**, the lecture was given on Jain Epistemology by **Prof. Samani Chaitanya Prajna**, Science of Living –an Innovative system of Education by **Samani Unnat Pragya and** Anekanta : its applications for Peaceful life and **By Samani Vinay Prajna**.

Indian Language Tutorials

In addition to the daily lecture schedules, community interaction and independent study projects, the participants were provided language tutorials in Hindi/Sanskrit. Tutorials are based on the prescribed curriculum framed by subject expert. The language tutorial fee is included in the programme, and, no extra fee was claimed for.

Exam and Evaluation

On the completion of course the system of evaluation of international grade is adopted, in which, the exam is conducted independently in each of the subject. P.G. students are assigned with a separate project duly supervised by the subject experts. Internal evaluation method is also adopted and marks were awarded in grades.

Community Interaction

The participants of the programme are oriented with Indian culture in general and with the culture of Rajasthan in particular. The students who participates this study tour witnesses the ancient Indian architecture and the places of multi-ethnic religious importance. A visit to wild life sanctuary, trekking to Dungar Balaji and meetings with spiritual personalities, monks and nuns are arranged. The participants visits to places of archeological and historical importance of Ladnun and of adjoining areas. The visit to local Jain families are organized in order to understand the Jain life style and the socio-cultural aspects of Jain laities. With the objective of making the students familiar with applied Jainism.

Participants

Participants of the International Summer School Programme are from various places such as United States, Belgium, Switzerland and India. There are totally 21 participants.

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